|  |  |
| --- | --- |
| Cosmic KitchenSome starter frequency numbers68475873387 | rosemary |
|  |  |
| 67385746675 | tomatoes |
|  |  |
| 78486777385 | sunflower seeds |
|  |  |
| 96576989678 | nano bacteria |
|  |  |
| 76374767927 | goji berries |
|  |  |
| 93679758689 | pomegranate |
|  |  |
| 48057968578 | ileocecal valve |



|  |  |  |
| --- | --- | --- |
| 78973748678 |  | ashwagandha - reduce fatigue |
|  |  |  |
| 376474837377 |  | bilberry (vision) |
|  |  |  |
| 93476855787 |  | Maca |
|  |  |  |
| 79574867476 |  | tumeric |
|  |  |  |
| 79684668927 |  | corn elim reaction |

|  |  |
| --- | --- |
| 56783743585 | blueberries |
|  |  |
| 87476837587 | coffee (aches and pains) |
|  |  |
| 68794682468 | MSG - eliminate |
|  |  |
| 68376836675 | NATTO (heart, circulation) |
|  |  |
| 78584268796 | grapefruit seed extract |
|  |  |
| 68874667587 | Resveratrol |
|  |  |
| 97674858377 | watermelon |
|  |  |
| 37476887437 | almonds |
|  |  |
| 67364778387 | avocados |
|  |  |
| 88673746678 | bananas |
|  |  |
| 86274872328 | bromelain |
|  |  |
| 46376728465 | carrots |
|  |  |
| 93374768479 | cayenne |
|  |  |
| 68485738678 | chocolate (antioxidant) |
|  |  |
| 48576743677 | Ginger |
|  |  |
| 48683753476 | Kefir |
|  |  |
| 68374768375 | maple syrup |
|  |  |
| 97583668279 | apple cider vinegar |
|  |  |
| 78674878468 | Omega 3 |
|  |  |
| 98274857787 | Quercitin |
|  |  |
| 68385877437 | Vitamin C |
|  |  |
| 68476739287 | peanut butter |
|  |  |
| 94577837487 | apples |
|  |  |
| 67883757738 | cranberries |
|  |  |
| 87374857687 | olive oil |

|  |  |  |
| --- | --- | --- |
| 78476877646 |  | elim BPA in plastic |
|  |  |  |
| 48788856886 |  | ATP increase cell energy & enzymes |
|  |  |  |
| 565366848466 |  | balance body storage |
|  |  | income |
| 68923643587 |  | normalize body flow bilaterally |
|  |  |  |
| 68476878437 |  | redox healing |
|  |  |  |
| 37586748578 |  | chia seed -hydration |
|  |  |  |
| 4658723857724450 |  | normalize heart electrical system |
|  |  |  |
| 46362858687 |  | human assemblage point |
|  |  |  |
| 98466885628 |  | Glutathione |